



2017 South Surrey Schedule

Lessons	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Sport Kickboxing (all levels)	9:00-10:00am		9:00-10:00am		9:00-10:00am	
Fit Factor		9:00-10:00am		9:00-10:00am		
Sport Kickboxing and Fit Factor (all ages and levels)						10:00-11:00am
Sport Kickboxing for kids	3:30-4:15pm	3:30-4:15pm	3:30-4:15pm	3:30-4:15pm	3:30-4:15pm	
Sport Kickboxing for kids	4:15-5:00pm	4:15-5:00pm	4:15-5:00pm	4:15-5:00pm	4:15-5:00pm	
Sport Kickboxing for kids	5:00-5:45pm	5:00-5:45pm	5:00-5:45pm	5:00-5:45pm		
Sport Kickboxing for families (all levels)	5:45-6:45pm		5:45-6:45pm		5:00-6:00pm	
Fit Factor	6:45-7:45pm		6:45-7:45pm			
Sport Kickboxing for adults (all levels)	7:45-8:45pm	7:30-8:30pm	7:45-8:45pm	7:30-8:30pm		

Packages	Price for 12 months commitment	Price for single month
Kickboxing Membership	\$140 plus tax / month	\$170 / month
Fit Factor	\$80 plus tax /month for non Kickboxing members or \$20/month for Kickboxing Members	
Drop in to any class	\$25 per class	
Private lessons	\$110 / hour	

- We accept Cash, Cheque (payable to Master Mostafa Sabeti) or Credit Card
- \$100 plus tax Startup Fee includes a uniform and a T-shirt

Unit 2-2336 King George Blvd, South Surrey Call: 778-836-4807 for a free consultation
or e-mail: master@goldenglory.ca. Website: www.goldenglory.ca